

Quantification of Insulin using *iLite™* Insulin Assay Ready Cells

*This application note contains a suggested protocol and performance data. Each individual laboratory must set up their own method and perform relevant validations.
For research and professional use only.*

Background

Insulin is a peptide hormone produced by beta cells in the pancreas to regulate the metabolism of carbohydrates and fats. Insulin is provided within the body in a constant proportion to remove excess glucose from the blood. When control of insulin levels fails, diabetes mellitus can result. As a consequence, insulin is used medically to treat some forms of diabetes mellitus (1).

Principle of the assay

The *iLite™* Insulin Assay Ready Cells are engineered cells optimized to express Firefly luciferase under the control of an Insulin responsive promoter. Insulin exerts its activity by binding to a high affinity heterodimeric receptor, CD220, which possesses intrinsic tyrosine kinase activity. Binding of insulin to the insulin receptor alpha chain, results in receptor dimerization, receptor auto-phosphorylation, and signaling via the IR beta chain and activates the Insulin regulated Firefly luciferase reporter gene construct. The Firefly luciferase signal can be measured in a luminometer following addition and incubation of luciferase substrate. The Firefly luciferase signal is proportional to the concentration of Insulin in the sample (Fig.1).

Specimen collection

The *iLite™* Insulin Assay Ready Cells can be used for measuring concentration of Insulin in test samples including human serum.

Material and equipment needed

Material and equipment	Suggested supplier	Reference
<i>iLite™</i> Insulin Assay Ready Cells	Euro Diagnostica	BM3060
Diluent (RPMI + 9% heat inactivated FBS + 1% Penicillin Streptomycin)	Gibco	NA
Insulin or analogues	Life Technologies Inc.	12585-014
Firefly/Renilla luciferase substrate	Promega	E2920, Dual-Glo Luciferase Assay System
Plate; White walled micro well plate suitable for luminescence	PerkinElmer	6005680
Microplate Luminometer with appropriate reading software – no filter on luminometer	Contact Euro Diagnostica for list of recommended suppliers	NA
Incubator, 37 °C with 5% CO ₂	NA	NA
Water bath, 37 °C	NA	NA
Single-channel and multi-channel pipettes with polypropylene disposable tips	NA	NA
Polypropylene tubes or plate for dilution	NA	NA
Single-use polypropylene reservoir	NA	NA
Plate shaker	NA	NA
Timer	NA	NA

Preparation of calibrators (Insulin)

Insulin from Life Technologies Inc. have successfully been used to stimulate the *iLite*TM Insulin Assay Ready Cells. The below table shows the dilutions of Insulin, used for QC release of the *iLite*TM Insulin Assay Ready Cells.

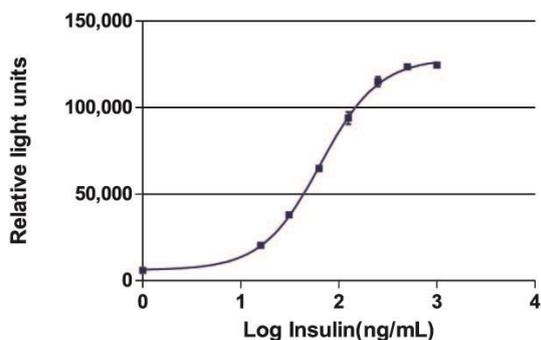


Figure 1. Example of Insulin calibration curve

Calibrator	Insulin
	Calibrator conc. (ng/mL)
A	2000
B	1000
C	500
D	250
E	125
F	63
G	31
H	0

Table 1. Suggested calibrator concentrations for Insulin

Protocol

Incubation

1. Design a plate layout.
2. Dilute calibrators, controls and samples to fall within the expected in assay values of 0-1000 ng/mL
3. Add 40 μ L calibrators, controls and samples in duplicate to assigned wells
4. Thaw the vial of *iLite* Insulin Assay Ready Cells in a 37°C water bath with gentle agitation. The cell suspension is mixed very carefully ten times with pipette in order to ensure a uniform solution of cells.
5. Dilute 2 times 125 μ L cells with 5.75 mL Diluent
6. Add 40 μ L diluted cells to each well.
7. Place the lid on the plate, mix and incubate for 5 hours at 37 °C with 5% CO₂.

Adding substrate solutions

8. Equilibrate the plate and the substrate solutions to room temperature.
9. Prepare the **Firefly luciferase** substrate according to the suppliers instructions and add 80 μ L per well. Mix and protect the plate from light. Read in a luminometer after 10 minutes incubation at room temperature.
10. If appropriate, prepare the **Renilla luciferase** substrate according to the suppliers instructions and add 80 μ L per well. Mix and protect the plate from light. Read in a luminometer after 20 minutes incubation at room temperature.

Precautions

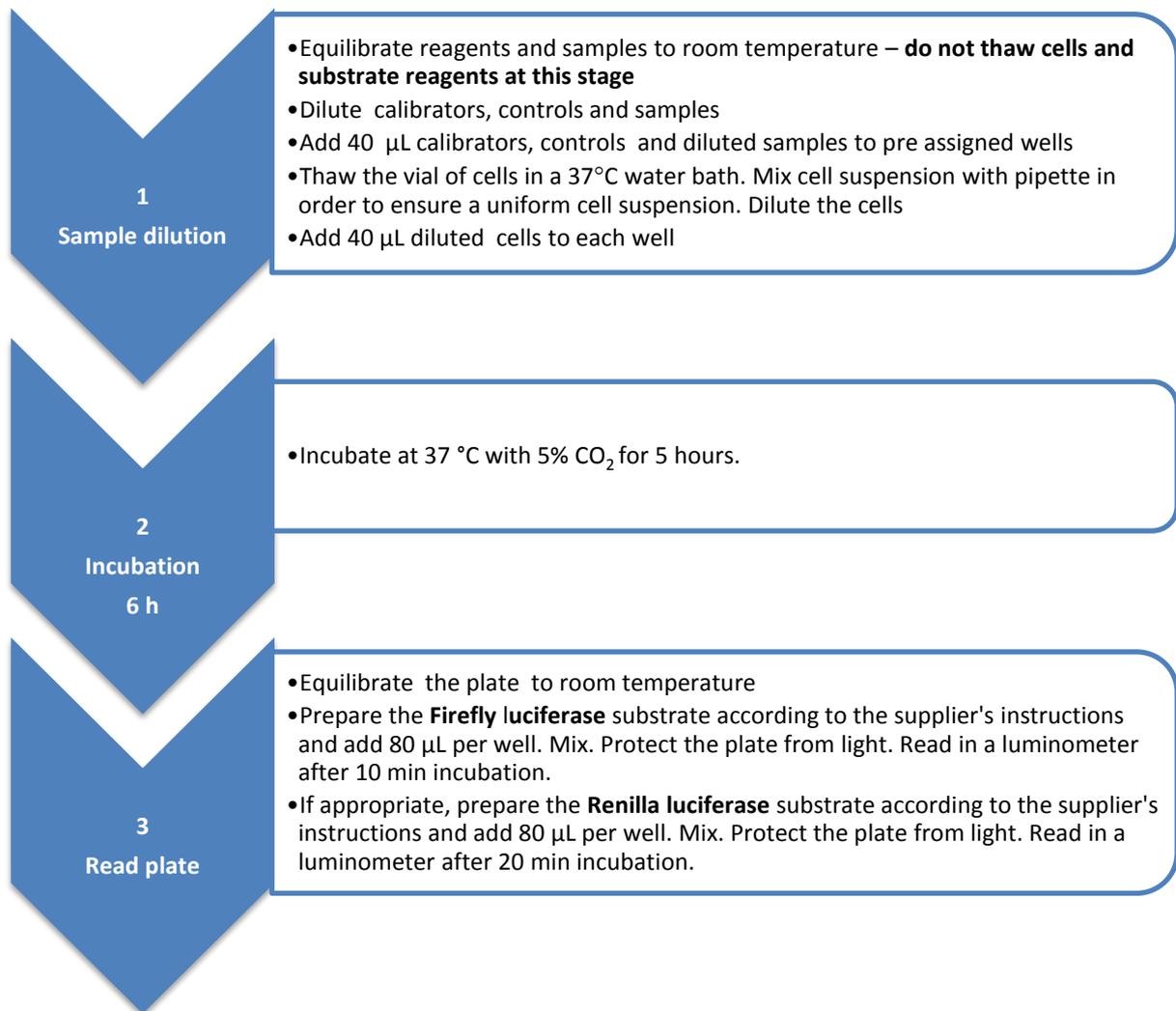
- This application note is intended for professional laboratory research use only. The data and results originating from following the Application Note should not be used either in diagnostic procedures or in human therapeutic applications.
- Use and handle the material and instruments referenced according to the supplier's/manufacturer's instructions or product specifications accompanying the individual material and instruments.
- Dispose of all sample specimens, infected or potentially infected material in accordance with good microbiological practice. All such materials should be handled and disposed as though potentially infectious.
- Residues of chemicals and preparations are generally considered as biohazardous waste, and should be inactivated prior to disposal by autoclaving or using bleach. All such materials should be disposed of in accordance with established safety procedures.

Propriety Information

In accepting delivery of *iLite™* Assay Ready Cells the recipient agrees not to sub-culture these cells, attempt to sub-culture them or to give them to a third party recipient, and only to use them directly in assays. Biomonitor *iLite™* cell-based products are covered by patents which are the property of Euro Diagnostica AB and any attempt to reproduce the delivered *iLite™* Assay Ready Cells is an infringement of these patents.



Quick Guide – Quantification of functional Insulin using *iLite™* Insulin Assay Ready Cells



Troubleshooting and FAQ

Please consult Euro Diagnostica's website www.eurodiagnostica.com

Doc No: E-182-GB00, April 2016

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